Dairy free/Gluten free options

Autumn Term 2026

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
(df/gf)														
HM Pesto Pasta (df/gf)	x						x					x		
HM Banana & Choc Chip Loaf (df/gf)	x		x				x							
CM Chicken Korma Curry (gf/df)							x							
HM Roasted Sweet Potato Curry VG														
Steamed Tumeric Rice VG														
HM Blackberry & Apple Crumble VG (gf/df)	x						x					x		
CM Roasted Pork														
HM Stuffed Veggies df/gf) VG														
Fresh Fruit Platter VG														
HM Beef & Lentil Lasagne (gf/df)	x						x							
HM Roasted Veg & Lentil Lasagne VG	x						x							
Garlic Bread	x													
Local Yoghurt (gf)							x							
Local Salmon Fishcakes (gf)	x			x										
McCains Veggie Cake (df) VG	x													
HM Fruity Muesli Crunch (/gf)	x											x		
Asian StirFry Vegetables (gf/df)														
Noodles VG	x		x											
HM Seeded Flapjack (df/gf) VG	x													
CM Pork & Apple Burger (gf/df)	x						x							
Veggie Vegan Burger (df/gf) VG	x						x							
HM Sticky Choc B' Brownie (df/gf)	x		x											
CM Roasted Gammon														
HM Cheese & Pineapple Muffin (gf)	x						x							
Fresh Apple, Cheddar & Crackers (gf/df)	x						x							
CM Sausage Roll (gf)	x						x							
HM Vegan Sausage Roll (df)	x													
HM Paprika Potato Wedges														
HM Cherry Shortbread (gf/df)	x											x		
Local Fish Fingers (gf)	x			x										
HM Roasted Veg Cous Cous (gf)	x													
HM Lemon & Poppy Seed Cake (gf/df)	x		x									x		
HM Margarita Pizza (gf/df)	x						x							
HM Sticky Toffee Pudding (gf)	x		x				x					x		
Buttermilk Chicken Fillet (df)	x					x	x							
Quorn Chicken Nugget (gf/df) VG	x													
HM Chocolate Cracknel (gf)	x						x							
CM Roasted Turkey														
HM Sage & Onion Puff (df/gf) VG	x													
Fruit Jelly (df)														
CM Sausage Toad in the hole	x		x				x					x		
Vegan Sausage Toad in the hole	x		x				x							
G' Yoghurt, Roasted Peaches & Honey							x							
Local White Fishcake	x			x						x				
Falafel, Minted Yoghurt	x						x							
Naan	x													
Chips														
Vegetables														
Pasta (gf)	x													
Baked Beans														
Apple Juice														
Bread														
