Dairy free/Gluten free options

ALLERGEN INFORMATION – Autumn Term 2025

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
(df/gf)														
HM S'Corn & Mac Pasta (df/gf)	x						x							
HM Pineapple Upside Down Cake (df/gf)	x		x											
CM Chicken Korma (gf)							x							
HM Roasted Vegetable Kormas VG														
Steamed Rice VG														
HM Sticky Gingerbread VG (gf/df)	x		x											
CM Roasted Pork														
HM Sweet Potato Fajitas (df/gf) VG	x													
Fresh Fruit Platter VG														
CM Pork Chinese Noodles (gf/df)	x		x											
HM Veggie Noodles TIH VG	x		x											
HM Apple Crumble	x													
HM Custard (gf)	x						x							
DL Salmon Fish Cake (gf)	x			x										
Roasted Veg Cous Cous (df) VG														
Homemade Muesli Crunch (/gf)	x											x		
Spaghetti with Tom/Basil Sauce gf/df)	x													
Veggie Sticks with & Garlic Bread VG	x						x							
HM Banana Choc Chip Bar (df/gf) VG	x		x				x							
CM Beef Burger (gf/df)	x						x							
HM Cheese & Pot Pinwheel (df/gf) VG	x						x							
HM Winter Coleslaw(df/gf)			x											
CM Roasted Gammon														
HM Sweet Potato & Lentil Stew (gf)														
Fresh Banana & Ice Cream							x							
CM Sausage Roll (gf)	x											x		
HM Vegan Sausage Roll (df)	x													
Pasta	x													
HM Apricot Shortbread (gf/df)	x											x		
DL Fish Fingers (gf)	x			x										
MacCains Veggie Cake (gf)	x		x				x							
HM Chocolate & Cherry Traybake (gf/df)	x		x											
HM Margarita Pizza (gf/df)	x						x							
HM Sticky Toffee Pudding (gf)	x		x									x		
HM Pork & Beef Enchilada Pie (df)	x													
HM Mixed Bean Enchilada Pie (gf/df) VG	x											x		
HM Chocolate Drop Cookie (gf)							x							
CM Roasted Turkey														
HM Sage & Onion Plait (df/gf) VG	x													
Stuffing (df)														
Fruit Jelly (gf/df)														
CM Sausage & Mash	x													
Caterveg Vegan Veggie Sausage														
AF Deluxe Cod Dog (gf/df)	x			x										
HM Cheese & Onion Frittata (gf)	x		x											
HM Lemon & Poppyseed Cake (gf/df)	x		x											
Chips														
Vegetables														
Pasta (gf)	x													
Baked Beans														
Apple Juice														